**V. Recreation General purpose:** To be familiar with the variety of recreational activities available in B.C.

**Objective:** Identifies recreational activities enjoyed by residents of British Columbia

i. Content structure: concept-recall/application

ii. Identify categories:

A. definition of recreation

B. forms of recreation enjoyed by British Columbians

C. types of sports enjoyed by British Columbians

D. hockey is Canada’s national sport

iii. Define categories:

A. definition of recreation: “something people do to relax or have fun**:** activities done for enjoyment” (http://www.learnersdictionary.com/search/recreation)

B. forms of recreation enjoyed by British Columbians: movies, music/concerts, festivals, shopping, art galleries, hobbies, theatre, travel, sports

C. sports enjoyed by British Columbians include: soccer, football, kayak, hiking, swimming, mountain climbing, bowling, tennis, martial arts, yoga, baseball, rugby,

dance, skiing, skating, snowshoeing, hockey, lacrosse.

D. Hockey is Canada’s national sport

1. Hockey was first played in eastern Canada in 1877.

2. Hockey is played in the winter, in an ice rink

3. Hockey is played for fun and as a profession

4. The NHL is a professional league made up of teams from the US and Canada.

5. Hockey is can be watched on television or at an arena.

6. Women play hockey too!

**Initial Presentation:** The learners will read a short tutorial on recreational activities then view a video that provides a look at each of the categories defined under this objective. The video will be narrated to reduce cognitive load.

**Generative Strategy:** After reading the tutorial and watching the video students will complete a short drill and practice routine (which will consist of answer multiple choice questions based on the tutorial and video). Students will be given immediate feedback on their answers. Using knowledge of correct response feedback, we will test their recall of the information presented by both media.

**Pre-test Items:** List two recreational activities enjoyed by people in British Columbia. List two sports that British Columbians like to participate in on a regular basis.

**Post-test Items:**

Students will compile a list of five things they would like to see and do during their stay in BC. Students would give a general description explanation or description of the ’five things’ (at least 20 words for each), provide an image, graphic, or picture for each of the ’five things’, and a reference for each.

Identify sports in which people who live in BC participate.